

timetable "Ring Frei"

www.ring-frei.eu



Salzburgring

parcour (behind the pit lines)

sunday, 25.08.24		training for all possible
7:30 AM opening race office and start number pick up near the pit line - see signs		
10:00 AM	Start: inline race cadets (2 laps) Start: inline race schoolchildren B (1 lap) & schoolchildren A (1 lap) Start: rollerski race schoolchildren I (1 lap) & schoolchildren II (2 laps)	testival for all: inline - hockey, scooter, basketball summerbiathlon, crosscountry and rollerski test station handicaped, e- motors, u.a. open end until 05:30 PM
10:30 AM	Start: inline skater (10 laps 42 km juniors /woman/men) Start: inline Skater: youth 5 laps	
10:31	Start: rollerski (10 or 7 rounds = 42 km or 30 km men/woman/ju) Start: rollerski youth I (3 laps) & youth II (5 laps)	
10:32 AM	Start: rollerski Classic U50/Ü50 (30km/7laps/juniors /woman/men)	
10:33 AM	Start: kick biker (10 laps juniors /woman/men)+ kick biker 3 rds.M/W (2009–2014)	
10:34 AM	Start: fitnessrun: (3 laps) for all with wheels	
	1 round: 4,2km long	10:45 am Start: kids race - kids I & kids II und schoolchildren I & schoolchildren II
		12:15 am price giving ceremony fitnessrun, kids race, rollerski & inline skating and kick bike for kids -schoolchildren - cadets - youth at the nordic academy tent
		1:00 pm Start: Pace judgement challenge - for everyone, both large and small
		2:30 pm price giving ceremony pace judgement challenge at nordic academy tent
1:00 PM	"RING FREI" for everyone no timekeeping inline skater, rollerski scooter, kick - biker - wheel chair and many more biking for kids until 12 J. (with parents possible)	1:15 price giving ceremony for marathon: inline skater at the nordic academy tent 1:15 price giving ceremony for marathon: rollerski at the startnumber pick up place 2:00 prize giving ceremony for Kickbiker marathon at the start number pick up place
4:30 PM	last lap - 05:30 PM salzburgring areal is closing	

agegroups rollerskier: kids I Parc. (2017 & younger) kids II - Parc. (2015-2016), schoolchildren I - Parc. or 1 lap (2013-2014), schoolchildren II -Parc.or 2 laps (2011-2012) Youth I -3 laps (2009-2010), Youth II - 5 laps (2007-2008), juniors/woman/men- 10 laps

agegroups inline skating: parcour 2011 and younger, schoolchildren B- AK09/10 (2014-2015) 1 lap

schoolchildren A-AK11/12 (2012-2013)-1 lap; **cadets-**AK13/14(2010-2011) 2 laps, **youth -**AK 15/16(2008-2009) 5 laps; **juniors/woman/men-**10 laps

ab 09Uhr

Startnummernausgabe

Urkunden

Medaille

Laseranlage

Partner

Fischer fix

Comfort Skate fix

Stöggel Rol kids cup

mögl. Partner

Salzburger Landtourismus

Alex Karp

Powerslide

Post

Sparkasse



ÖSV Workshop für Trainer
Trainingsgruppen unterschiedl. Vereine

Feistenau Biathlon
Dark Vipers Hockey
Hockey
Skateboardfahrer
Basketballer
Fussballer
Rollstuhlfahrer

Red Bull
Stamler Max

Geiersbichler

42km

21km

12km

Classik - Fitness