

timetable "Ring Frei"

www.ring-frei.eu



Salzburgring

parcour (behind the pit lines)

sunday, 27.08.23		training for all possible
7:30 AM	opening race office and start number pick up near the pit line - see signs	
10:30 AM	Start: inline race cadets (2 laps) Start:inline race schoolchildren B (1 lap) & schoolchildren A (1 lap) Start: rollerski race schoolchildren I (1 lap) & schoolchildren II (2 laps)	testival for all: inline - hockey, scooter, basketball summerbiathlon, crosscountry an rollerski test station handicaped, e- motors, u.a. open end until 06:00 PM
11:00 AM	Start: inline skater (10 laps 42 km juniors /woman/men) Start: inline Skater: youth 5 laps	
11:01 AM	Start: rollerski (10 or 7 rounds = 42 km or 30 km men/woman/juniors) Start: rollerski youth I (3 laps) & youth II (5 laps)	
11:02 AM	Start:kick biker (10 laps juniors /woman/men) + kick biker 3 rds. M/W (2008– 2013)	
11:04 AM	Start: fitnessrun: (3 laps) for all with wheels	
11:15 AM		Start: kids race - kids I & kids II und schoolchildren I & schoolchildren II
12:45 PM	1 round: 4,2km long	price giving ceremony fitnessrun, kids race, rollerski & inline skating, kick bike for kids -schoolchilren - cadets - youth at the nordic academy tent
2:00 PM		Start: Pace judgement challenge - for everyone, both large and small
3:30 PM		price giving ceremony pace judgement challenge at the nordic academy tent
1:45 PM	"RING FREI" for everyone no timekeeping inline skater, rollerski scooter, kick - biker - wheel chair and many more biking for kids until 12 J. (with parents possible)	1:45 price giving ceremony for marathon: inline skater at the nordic academy tent 1:45 price giving ceremony for marathon: rollerski at the startnumber pick up place 2:30 prize giving ceremony for Kickbiker marathon at the start number pick up place
6:00 PM	last lap - 07:00 PM salzburgring areal is closing	

agegroups rollerskier: kids I Parc. (2016 & younger) kids II - Parc. (2014-2015), schoolchildren I - Parc. or 1 lap (2012-2013), schoolchildren II -Parc.or 2 laps (2010-2011) Youth I -3 laps (2008-2009), Youth II - 5 laps (2006-2007), juniors/woman/men- 10 laps

agegroups inline skating: parcour 2010 and younger, schoolchildren B- AK09/10 (2013-2014) 1 lap

schoolchildren A-AK11/12 (2011-2012)-1 lap; cadets-AK13/14(2009-2010) 2 laps, youth -AK 15/16(2007-2008) 5 laps; juniors/woman/men-10 laps