

timetable "Ring Frei"

www.ring-frei.eu



Salzburgring

parcour (behind the pit lines)

sunday, 28.08.22		training for all possible
7:30 AM	opening race office and start number pick up near the pit line - see signs	
9:30 AM	Start: running race - 1 lap 4,2 km Single- (M/W U20) & M/W Allg.Kl.& M/W50) and Teamranking w/m/mixed	
10:30 AM	Start: inline race cadets (2 laps) Start:inline race schoolchildren B (1 lap) & schoolchildren A (1 lap) Start: kick biker (1 Runde) Start: rollerski race schoolchildren I (1 lap) & schoolchildren II (2 laps)	testival for all: inline - hockey, scooter, basketball summerbiathlon,crosscountry an rollerski test station handicaped, e- motors, u.a. open end until 06:00 PM
11:00 AM	Start: inline skater (10 laps 42 km juniors /woman/men) Start: inline Skater: youth 5 laps	
11:01 AM	Start: rollerski (10 laps 42 km - juniors / woman / men) Start: rollerski youth I (3 laps) & youth II (5 laps)	
11:02 AM	Start:kick biker (10 laps juniors /woman/men) + kick bikers 3 rounds	
11:04 AM	Start: fitnessrun: (3 laps) for all with wheels	
10:45 AM		price giving ceremony single run (M/W U20) & M/W Allg.Kl.& M/W50 & Team
11:15 AM	1 round: 4,2km long	Start: kids race - kids I & kids II und schoolchildren I & schoolchildren II
12:45 PM		price giving ceremony fitnessrun, kids race, rollerski & inline skating, kick bike for kids -schoolchilren - cadets - youth at the nordic academy tent
2:00 PM		Start: Pace judgement challenge - for everyone, both large and small
3:30 PM		price giving ceremony pace judgement challenge at the nordic academy tent
1:45 PM	"RING FREI" for everyone no timekeeping inline skater, rollerski scooter, kick - biker - wheel chair and many more biking for kids until 12 J. (with parents possible)	1:45 price giving ceremony for marathon: rollerski & inline skater (juniors/woman/men) at the nordic academy tent 2:30 prize giving ceremony for Kickbikers Eurocup - Austriacup
6:00 PM	last lap - 07:00 PM salzburgring areal is closing	

agegroups rollerskier: kids I Parc. (2015 & jünger) kids II - Parc. (2013-2014), schoolchildren I - Parc. or 1 lap (2011-2012), schoolchildren II -Parc.or 2 laps (2009-2010) Youth I -3 laps (2007-2008), Youth II - 5 laps (2005-2006), juniors/woman/men- 10 laps

agegroups inline skating: schoolchildren D- AK6/7 (2015 and younger) schoolchildren C- AK8/9 (2013-2014) Parcour, schoolchildren B- AK10/11 (2011-2012) 1 lap schoolchildren A-AK12 (2010)-1 lap; cadets-AK13/14(2008-2009) 2 laps, youth -AK 15/16(2006-2007) 5 laps; juniors/woman/men-10 laps